







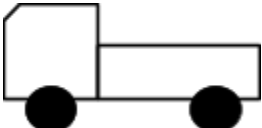

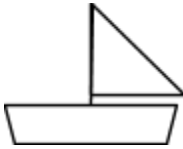


Tap your head 10 times.	Make a silly face.	Take 3 deep breaths and blow them out.
Say your name.	Tap your left elbow 2 times.	Shout "Bubble"!
Clap your hands 3 times.	Point to your ears.	Say "Pumpkin".
Put your right hand on your right knee.	Pretend to drive a car.	Meow like a cat.
Jump 4 times.	Try to whistle.	Tap your fingers on your chin 10 times.
Stomp your feet 3 times.	Nod your head 10 times.	Blink your eyes 8 times.
Say "ABCDEFGH"	Look up.	Name 3 colors.
Say "Beep beep"	Look down.	Squat 3 times.
Pretend to take a drink.	Look left.	Say "I can do this".
Wave your arms around.	Look right.	Do 10 standing cross crawls.

Stick out your tongue.	Wiggle your toes.	Stretch your hands toward the ceiling.
Moo like a cow.	Try to snap your fingers.	Touch your toes.
Smile.	Turn in circles 2 times.	Stand on your right foot.
Cross your fingers	Wink with your left eye.	Wink with your right eye.
Name something red.	Count backwards from 10.	Name something blue.
Say "Dad is the best!" loudly.	Say "This is fun!" loudly.	Pretend to wash your hands.
Say "Mom rocks!" loudly.	Stretch your arms out wide.	Count to 20 by 2's.
Name a shape.	Say "watermelon".	Stand on your left foot.
Sit on your hands.	Bark like a dog.	Say the name of this shape: 
Kneel.	Spell your first name out loud.	Hold up 2 fingers.
Put your hands on your opposite shoulders.	Name 3 animals.	Flap your arms.

Give 2 thumbs up.	Name a fruit.	Say the name of this shape: 
Put your elbows on your knees.	Kick your right leg.	Say the name of this shape: 
Put your hands on your hips and bring it "around town".	Kick with your left leg.	Do 3 radars.
Quack like a duck 3 times.	Sit criss-cross applesauce.	Do 5 seated push ups.
Take a bow.	Cross your legs.	Do 10 jumping jacks.
		
		
		

<b>Draw</b>	<b>Write a sentence with this word in it.</b>	<b>Make this with putty.</b>
<b>Count</b>	<b>Alphabetize</b>	<b>Organize</b>
<b>Stack</b>	<b>Categorize</b>	<b>Color</b>
<b>Write the first letter of this word.</b>	<b>Make the first letter of this word with putty.</b>	<b>Add</b>
Apple	Bug	Cat
Dog	Egg	Foot
Gas	Head	Icicle
Jar	Kangaroo	Light
Mouth	Nail	Octopus
Pumpkin	Quilt	Rock
Snake	Truck	Umbrella

Van	Whale	X-ray
Yarn	Zebra	1
2	3	4
5	6	7
8	9	10
11	12	13
14	15	16
17	18	19
20	21	22
23	24	25
